



February 2021

- 1 Virtual PTA Bd. Meeting @ 10
Virtual Stake-Holders Group
- 4 Popcorn and Paint
- 5 Community Morning Meeting
- 11 100 days of K Progress Reports go home
- 12 Purple, Green, & Gold shirts
- 15-19 Mardi Gras Holidays
- 22-26 National Public School Week
- 25 Someone Loves Me Day

Mission

Allemands Elementary School is committed to building the foundation of life-long learning for all students in a safe, respectful environment.

Principal's Message

February is the perfect time to check on goals you set in January. Revisit them weekly and be sure to encourage your child to continue to focus on accomplishing these goals. Our faculty and staff are working hard to address students' needs and support our students. We teach them to work hard to achieve success. Our commitment to excellence is evident in all that we do. We are making sure our students also strive for excellence. Excellence means making the decision to be the best YOU can be. It also means constantly striving to become better.

We welcome your support in encouraging our students to put forth their best effort in all that they do. We expect quality work at all times. Our faculty, staff and students are working hard to finish strong. We are making magical moments as we are focusing on our core business of teaching and learning.

Lisa Perrin
Principal



Vision

The faculty of Allemands Elementary School embraces the education of all students as a top priority by providing a positive foundation for success to prepare students to meet the challenges within the changing society of the 21st century. There is a commitment from stakeholders to help all students to become college and career ready creating life-long learners. Our school provides a safe, stimulating, atmosphere that is created through respect for self, others, and our environment. Actively engaged students aspire to reach their full potential, reflecting the high expectations among our faculty, family and community.

Values/Beliefs

At Allemands Elementary School we believe...

-A physically and psychologically safe environment is essential to promote student learning.

-A student's self-esteem is enhanced by positive relationships, open and honest communication, and mutual respect among peers, families, community members and school personnel.

-All students and staff meet high expectations for achievement and success by engaging in challenging and relevant work.

-All children can learn at higher levels when supported daily by a variety of instructional strategies and resources within their school, families, and community.

-Student achievement and teacher effectiveness increase when teachers and students use a variety of questions and/or prompts to advance high level thinking.

-We are...One School, One Team, Making a Difference!

-Excellence is worth the cost.



Kindergarten News

Kindergarteners are moving towards independence and taking responsibility for our learning. We are motivated to read, discuss, and write stories of our own. It is an exciting time of showing everything we have learned the first half of the year. During word study, we have gained an understanding of how sounds create words. We can use this strategy to read decodable text and write words phonetically. Reading for meaning is an important part of learning how stories work. We have started our comprehension unit with nonfiction text. This has given us an opportunity to discuss topics familiar to us and add to that knowledge. During math instruction, we are learning about composing and decomposing numbers to 10. This is the introduction to adding and subtracting numbers. Kindergarteners will be celebrating our 100th day of school! We will celebrate all of our hard work and to continue to strive to show growth in our new learning.

First Grade News

Our first graders have been working really hard. In math, we will continue learning about place value, adding two digit numbers to a multiple of ten, as well as a two digit number and a one digit number. Please continue to practice basic addition and subtraction facts at home. As we are well in the third quarter, it is crucial that your child is reading nightly as well as completing all homework assignments. When reading, they should be able to identify the characters, setting, and events of the story. They should also be able to ask and answer questions about the story. We have been very busy writing in complete sentences with a capital letter, punctuation, and spelling. Please go over C.A.R.E.S. as well as the Essential 11 with your child. Please help your child realize the importance of these rules. Thank you for your continued support!

Second Grade News

Because we "LOVE" reading, it's a great time to warm your heart reading a good Valentine's Day book with your child. Check out the Day It Rained Hearts by Felicia Bond or a nonfiction book Saint Valentine by Robert Sabuda. You can also check out some Mardi Gras themed books like On Mardi Gras Day by Fatima Shaik or The Amazing Adventures of Mardi Gras Bead Dog by Cornell P. Landry.

In reading, second graders are using reading strategies to help them apply phonics, comprehension, and fluency skills. When readers read fluently, comprehension increases. When your child reads, the reading should sound like natural speech. Encourage them to practice reading carefully and with expression. Second graders will continue reading fiction books. Have conversations with your child about the characters, setting, plot, central message, and any connections. We're wrapping-up our Domain about Immigration.

In writing, students are writing compositions using grammar rules. By the end of the year second graders must know all basic facts to 20. Remember to continue using flashcards that were made and completing math fact 2 minute drills nightly. You can also study facts with math games and various activities in our Google Classroom. Ask your child to try applying one of the math strategies, Make a Ten and Take from Ten- taught. Students will participate in inquiries exploring states of matter in science. Working together, we'll have a fabulous February of teaching and learning!

French News

Happy February! We will also be talking about how people in France celebrate Mardi Gras and the different ways people in Louisiana celebrate the holiday by playing virtual Mardi Gras Bingo!



Character Trait

This year our School Improvement Team has decided to designate a character trait for each month and teach our students an Essential 11 Trait each week that is aligned with this trait. In February, we will focus on Cooperation. Our teachers will read the book, "Matthew and Tilly" by Rebecca C. Jones and review the following traits during the month. Please help us to reinforce these character traits at home and in the community.

- Week of 2/1 Black History Month Focus, students will be encouraged to do research on someone that they would like to learn more about
- Week of 2/8 Black History Month Focus, students will be encouraged to do research on someone that they would like to learn more about
- Week of 2/22 Look for solutions to conflict, discussing how students can come to a solution when they encounter a conflict



Stakeholder Action Group

Our Stakeholder Action Group met on 2/1 after the PTA meeting. We reviewed the fall events and discussed how to plan the spring virtual events. We also discussed the goal to have more parents on committees next year. Our committee brainstormed ways to keep parents involved during the pandemic. If you have any suggestions for our school, please email Mrs. Perrin at lperrin@stcharles.k12.la.us

ATTENTION PARENTS:

IMPORTANT INFORMATION ABOUT INTERNET SAFETY

FOR YOUR CHILD



As access to technology and the Internet continues to grow, children are increasingly interacting with strangers online, accessing Internet pornography, and experiencing cyberbullying. This is extremely dangerous. Most parents routinely warn their children not to talk to strangers, but did you know that many video games have chat features that allow your child to converse and share images with strangers? Children may think they're playing with other children, but the person on the other computer could be anyone.

Children also have greater access to pornography, particularly on the Internet, than ever before. Research has shown that pornography can harm children for many years through adulthood. The effects of pornography can be addicting, traumatizing, and lead to unhealthy or abusive sexual relationships as children grow up.

Cyberbullying also becomes a real issue as children begin using social media. Louisiana state law defines cyberbullying as "the transmission of any electronic textual, visual, written, or oral communication with the malicious and willful intent to coerce, abuse, torment, or intimidate a person under the age of eighteen", and also includes sexually charged content such as revealing photos and messaging of a sexual nature. Louisiana has enacted strong laws to address bullying and cyberbullying by public school students ([R.S. 17:416.13](#), [Act 369 of the 2018 Regular Session](#), [R.S. 17:100.7](#)).

WHAT CAN PARENTS DO?



KNOW what technology your child uses and how it works. Does the device connect to the Internet? Does game or app allow for online upgrades or purchases, or include a chat feature or multiple players? Is your child required to have an account to play the game or use the app that will include their personal information?



MONITOR how your child uses technology and restrict the time they spend on the Internet by establishing ground rules. If your child interacts with strangers or accesses inappropriate material online, talk to them about the dangers of doing so and take steps to prevent it from happening again.



TALK regularly with your child about how he/she uses technology and how to do so safely. Tell your child what to do if contacted by a stranger, if inappropriate materials are accessed, or if your child feels bullied. Tell your child to never share personal information or photos with stranger, and encourage open communication so that he/she feels comfortable coming to you with questions or concerns.

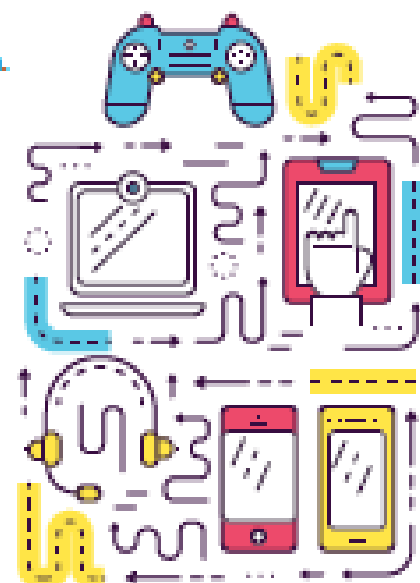


REPORT any suspicious communications to the police and speak with school administrators about possible cyberbullying so that action can be taken.

WHAT RESOURCES CAN HELP?

There are many resources to support parents in protecting their child from dangerous online content and communications, including:

- NetSmartz.org offers information, tips, and advice for parents and educators on safe technology use.
- Louisianabelieves.com, the Louisiana Department of Education's website, contains information and procedures to follow in the event that your child is experiencing bullying. (Type "bullying" in the search box.)
- Stopbullying.gov offers tips on how to identify and safely stand up to bullying.
- www.fbi.gov/resources/parents, FBI resources for parents that address cyberbullying, advice for kids, social networking sites, child sexual exploitation, missing children, and more.
- Free Internet filters you can install at home: cleanbrowsing.org, OpenDNS Family shield (<https://www.opendns.com/home-internet-security/>), K9 Web Protection (<http://www.k9webprotection.com/>), and Windows Live Family Safety (account.microsoft.com/family).



District Young Authors Winners

Sophia Fonseca First Place Poetry	Bella Commardelle First Place Poetry	Luke Bernaird Third Place Poetry	Gavin Crawford Third Place Fiction
Gavin Crawford Second Place Poetry	Jace Matherne Third Place Fiction	Desmond Martin First Place Non Fiction	Corey Grant Second Place Non Fiction
Kaylee Cortez Second Place Poetry	Elise Troxclair Second Place Non Fiction	Addison Boudreaux First Place Poetry	

**Allemands Elementary now has a
Twitter page. Follow us
@Allemands_Elem to keep up with the
latest news and upcoming events!**



E-Newsletter

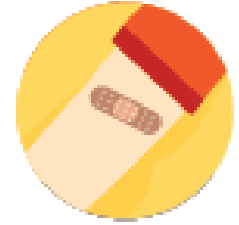


Allemands Elementary will deliver the monthly school newsletters via email. Additionally, the school newsletter will be posted to the school's web page. If you would like a printed copy of the school newsletter, please notify Lakia Butler at Lbutler@stcharles.k12.la.us and a copy will be sent home each month with your child. Thank you.



The Flu:

A Guide for Parents



Influenza (also known as flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Flu is different from a cold, and usually comes on suddenly. Each year flu viruses cause millions of illnesses, hundreds of thousands of hospital stays and thousands or tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that between 6,000 and 26,000 children younger than 5 years have been hospitalized each year in the United States because of influenza. The flu vaccine is safe and helps protect children from flu.

What parents should know

How serious is flu?

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years and children of any age with certain long-term health problems are at high risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.



Protect your child

How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for vaccination.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at high risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at high risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant women should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination protects the baby from flu for several months after birth.
- Flu viruses are constantly changing and so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

Is flu vaccine safe?

Flu vaccines are made using strict safety and production measures. Millions of people have safely received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

What are the benefits of getting a flu vaccine?

- A flu vaccine can keep you and your child from getting sick. When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce the risk of getting sick with flu by about half.
- Flu vaccines can keep your child from being hospitalized from flu. One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.

- Flu vaccine can prevent your child from dying from flu. A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with high risk medical conditions and by nearly two-thirds among children without medical conditions.
- Flu vaccination also may make your illness milder if you do get sick.
- Getting yourself and your child vaccinated also can protect others who may be more vulnerable to serious flu illness, like babies and young children, older people, and people with certain long-term health problems.

What are some other ways I can protect my child against flu?

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick as much as possible to keep from getting sick yourself. If you or your child are sick, avoid others as much as possible to keep from infecting them. Also, remember to regularly cover your coughs and sneezes, wash your hands often, avoid touching your eyes, nose and mouth, and clean surfaces that may be contaminated with flu viruses. These everyday actions can help reduce your chances of getting sick and prevent the spread of germs to others if you are sick. However, a yearly flu vaccine is the best way to prevent flu illness.

If your child is sick

What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids.

If your child is 5 years or older and does not have a long-term health problems and gets flu symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years of age – especially those younger than 2 years – and children with certain long-term health problems (including asthma, diabetes and disorders of the brain or nervous system), are at high risk of serious flu complications. Call your doctor or take your child to the doctor right away if they develop flu symptoms.

What if my child seems very sick?

Even healthy children can get very sick from flu. If your child is experiencing the following emergency warning signs, you should go to the emergency room:

- Fast breathing or trouble breathing
- Bluish or gray skin color

- Not drinking enough fluids (not going to the bathroom or not making as much urine as they normally do)
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu symptoms improve, but then return with fever and worse cough
- Fever with rash



Is there a medicine to treat flu?

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder, and they can prevent serious complications that could result in a hospital stay. Antivirals work best when started during the first 2 days of illness. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at high risk of serious flu complications who get flu symptoms. Antivirals can be given to children and pregnant women.

How long can a sick person spread flu to others?

People with flu may be able to infect others from 1 day before getting sick to up to 5 to 7 days after. Severely ill people or young children may be able to spread the flu longer, especially if they still have symptoms.

Can my child go to school, day care, or camp if he or she is sick?

No. Your child should stay home to rest and to avoid spreading flu to other children or caregivers.

When can my child go back to school after having flu?

Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

For more information, visit

www.cdc.gov/flu

or call 800-CDC-INFO



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



cdc.gov/coronavirus

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Dismissal/Transportation



Car rider requests need to be submitted in writing by 3:30 to aesbus@stcharles.k12.la.us. Car rider requests need to include the name of the student, teacher's name, and the person who will be picking him/her up. Please try to keep your child's schedule as consistent as possible.

DRESS CODE



The following guidelines have been established and are included in the Code of Conduct Handbook. Any apparel for males or females should be worn as designed, i.e. belts, pants at waist, shoestrings tied, etc. All students must conform to the official dress code guidelines below:

Shirt - Collared white or navy blue dress/oxford or polo-type shirt. The official PTA school spirit shirt is allowed every day of the week. If a child has another AES school event or spirit shirt, they may wear it on Fridays only if it is white or navy blue. Please contact Mrs. Perrin if you have questions.

Pants/Shorts/Skirt/Skort/Jumper - Navy or Khaki (no shorter than 2' above the center of the kneecap).

We encourage all students to show their school pride by wearing spirit shirts with jeans on Fridays; however, the jeans must be solid blue, without tears and decorations.

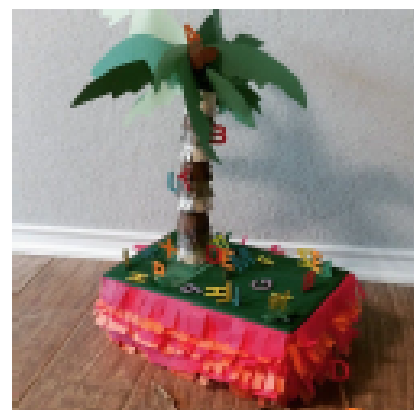


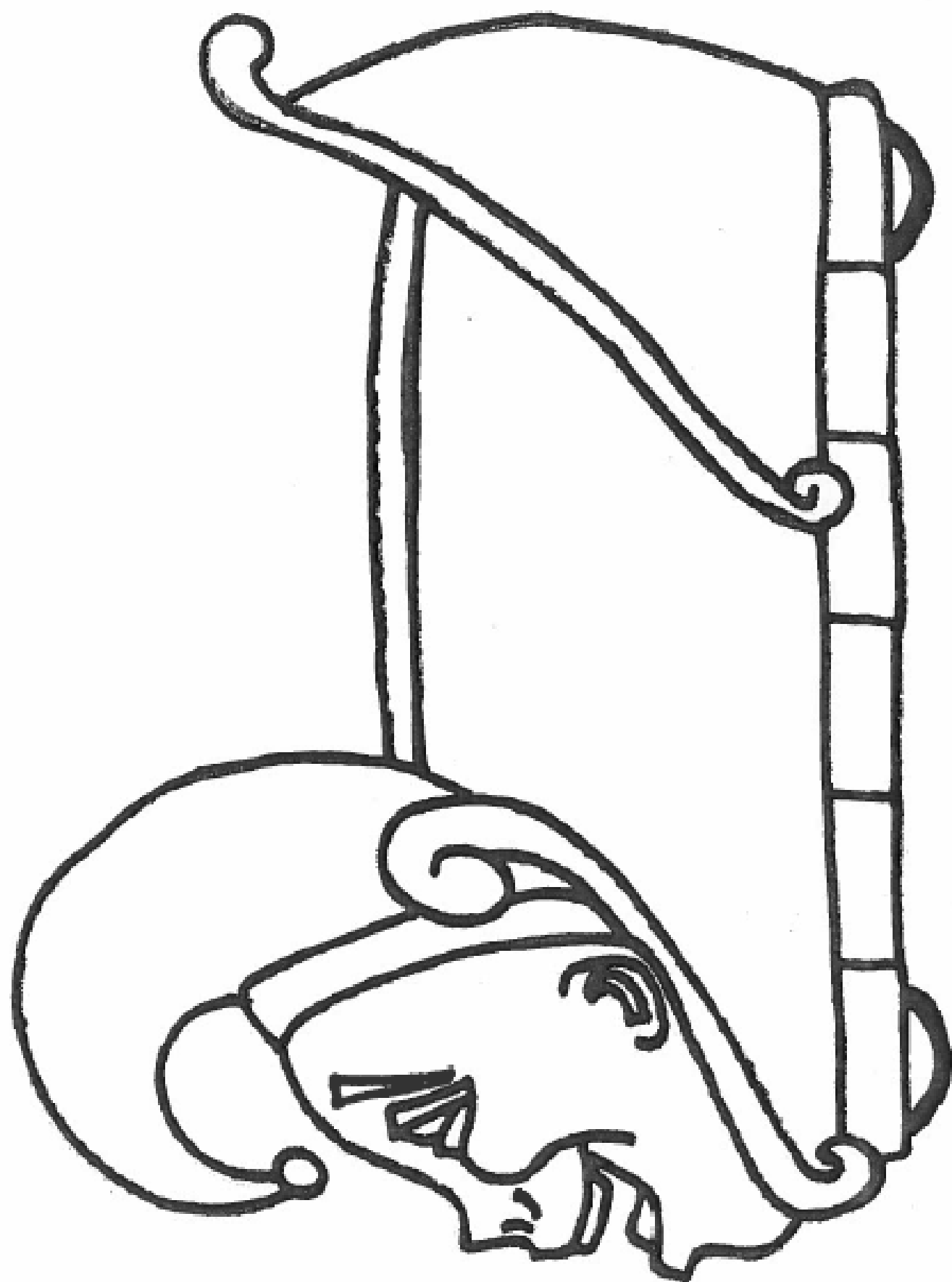
ALLEMANDS ELEMENTARY
PRESENTS

FAMILY GRAS!

It is time to get creative and join the Allemands Parade! First, choose your favorite family book to use as your float's theme. Then, create a shoe box float or decorate the float on the attached paper. Return all floats to school on February 10th. Don't forget to post pictures on the Allemands PTA Facebook page and on your Google Classroom.

We can't wait to see your floats!





STEAM

Science Technology Engineering Art Math

Art can be as simple as a drawing, and as complex as a clay sculpture. Art comes in many forms. Here is an easy and fun idea to make some art at home.

What to Do:

Research a non-fiction topic of your choice.

Possible Topics Include:

- Animals
- Famous People
- Holidays
- Countries, States, Cities

After reading, create a drawing (or other work of art) to share something you learned while reading.

Possible Ideas Include:

- Portraits
- Diagrams with Labels
- Maps
- Posters
- Dioramas

Use your artwork to share your learning with a family member

Try it out, and please share your photos with lbutler@stcharles.k12.la.us.

Try these sites for online re-
search:

PebbleGo:

www.pebblego.com

username: allemands

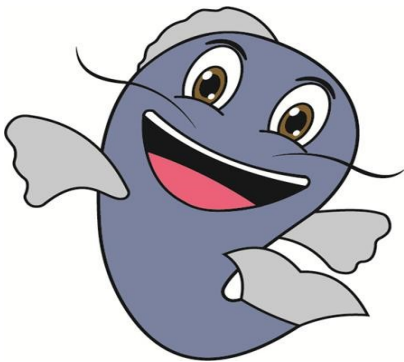
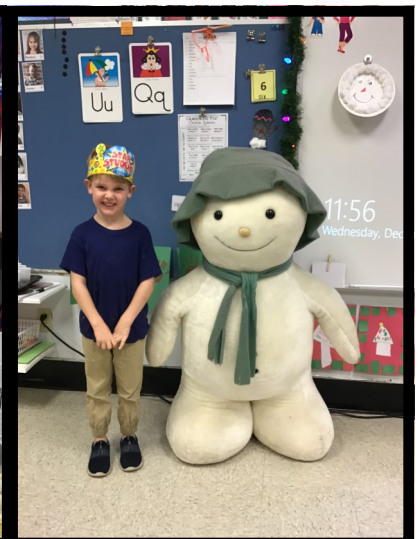
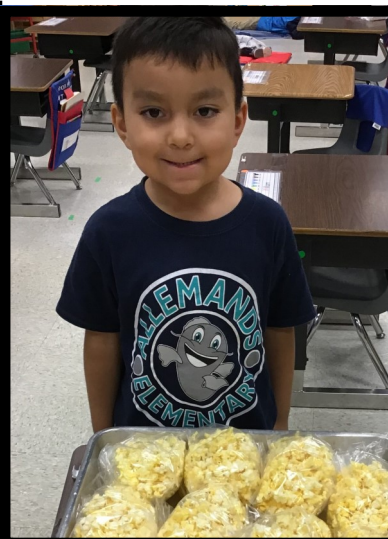
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World Book Kids

www.worldbookonline.com

username: allemands

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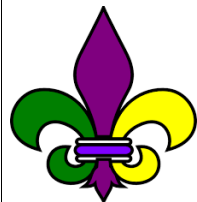

ASK FINLEY

Finley would like recognize students who are showing positive character traits at home and in the community. These students will be recognized on a bulletin board and on the announcements. Tell us how your child has shown **Cooperation** at home and in the community.

Your name (optional) _____



February 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Virtual PTA Bd. Meeting Virtual Stake- holder Group	2	3	4 Popcorn and Paint	5 Community Morning Meeting	6
7	8	9	10	11 100 Days of Kindergarten	12 Purple, Green, and Gold Shirt Day	13
14	15	16	17	18	19	20
	Mardi Gras					
21	22	23	24	25 Someone Loves Me Day 	26	27
National Public School Week						
28						

ST. CHARLES PARISH PUBLIC SCHOOLS

Elementary Menus

February 2021

This institution is on equal opportunity provider.

Menus are subject to change.



HIRAM REVELS

Hiram Rhodes Revels became the first Black person to serve as a U.S. senator when he was sworn in in February 1870. Since then, only 10 other African-Americans have been senators, including Barack Obama, Kamala Harris, and Raphael Warnock, who was sworn in last month.

AFRICAN AMERICAN HISTORY MONTH

Want to know more? Search for "Hiram Revels" on-line.

Monday, February 1 Breakfast Egg Frittata Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice Lunch Chicken Tenders Pasta w/Alfredo Sauce Steamed Green Beans Carrots Tropical Fruit	Tuesday, February 2 Breakfast Chicken Biscuit Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice Lunch Orange Tangerine Chicken Fried Rice Broccoli Florets Asian Chopped Salad Pineapples w/Cherries	Wednesday, February 3 Breakfast St Charley Cinnamon Roll Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice Lunch Fish Sticks Macaroni & Cheese Cucumber & Tomato Salad Baked Beans Banana	Thursday, February 4 Breakfast Sausage Biscuit Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice Lunch Beef Pot Roast Mashed Potatoes Green Beans WW Roll Pineapple Tidbits	Friday, February 5 Breakfast Grits & Eggstravaganza Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice Lunch Hamburger/Cheeseburger Crinkle Cut Fries Lettuce/tomato/Pickle Orange Wedges Coolie
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Please cash the check!

Did you cash a stimulus check during the last year? Most folks did. Since March 2020, a number of steps have been taken to try to cushion the effect the pandemic has had on a lot of our families and our economy in general. But another "stimulus check" was issued to all of us that some have NOT cashed: no-charge School Meals for everyone up to the age of 18! School systems may be holding classes in person, on-line, or some combination of the two, so your free meals may be available at school, for curbside pick-up, or by some other means. But however you get the meals, we urge you to take advantage of THIS stimulus effort, too. Your family gets access to no-charge meals at school (and/or ready-to-eat food and heat-at-home meals through curbside distribution), plus lots of fresh fruit, veggies, milk, and more. AND you help support our farmers and other businesses that provide the food while at the same time helping our local child nutrition program and our school system weather the storm. See the details for our schools on this page and plan to use this fantastic resource during this trying time. For the good of your family, our schools, and our community, please cash this stimulus check, too!

School Meals
We serve education every day™

OUR NATION'S HISTORY

During the winter of 1919, Boston, Massachusetts, was devastated by a flood – but there was no water involved at all. A fifty-foot tall wooden tank that held molasses broke apart, sending a forty-foot wave of the thick, dark sugary liquid hurtling through part of the town like a giant tsunami!



Great Molasses Flood

The gooey wave of 2.3 million gallons of molasses moved at 35 miles per hour, killing 21 people and injuring many hundreds more.

The water in the harbor was still brown six months later, and some Bostonians swear that, on a warm summer day, you can still smell molasses in the air. Among the books for kids written about the disaster is *The Great Molasses Flood* by Beth Wagner Bruns.

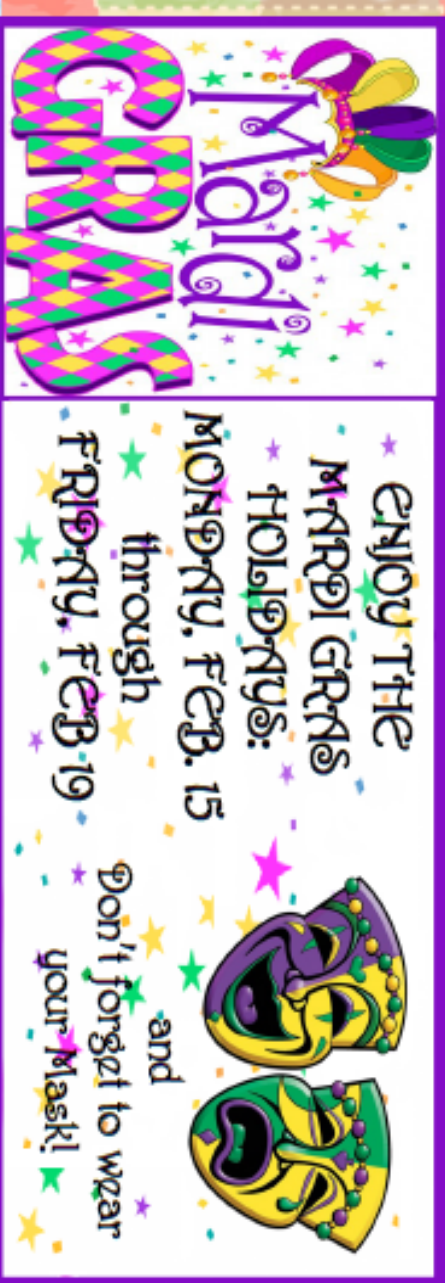
With Liberty & Justice for All

Available Daily
With all meals:
Low Fat White Milk
Fat Free Flavored Milk

At Lunch:
Sandwich Choice



Monday, February 8	Tuesday, February 9	Wednesday, February 10	Thursday, February 11	Friday, February 12
Breakfast Fresh Donuts Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice	Breakfast Chicken Biscuit Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice	Breakfast St. Charley Cinnamon Roll Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice	Breakfast Sausage Biscuit Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice	Breakfast Biscuit Sticks Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice
Lunch Red Beans & Rice w/Sausage Seasoned Mustard Greens Steamed Carrots Biscuit Stick, Applesauce	Lunch St. Charley's Chili Tortilla Chips Steamed Corn Garden Salad Apple Wedges	Lunch Chicken & Sausage Jambalaya Steamed Broccoli Garden Salad Garlic Bread Banana	Lunch Baked Chicken Mashed Potatoes Green Beans WW Roll Pineapple Tidbits w/Cherries	Lunch Mini Corn Dogs BBQ Beans Fresh Veggies w/Dip Orange Wedges



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Monday, February 22	Tuesday, February 23	Wednesday, February 24	Thursday, February 25	Friday, February 26
Breakfast Powdered Donuts Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice	Breakfast Chicken Biscuit Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice	Breakfast St. Charley Cinnamon Roll Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice	Breakfast Sausage Biscuit Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice	Breakfast Chicken Waffle Bites with Potato Coins Cereal w/Cheese Stick Yogurt w/Gripz Fruit or Juice Choice
Lunch Salisbury Steak Mashed Potatoes Broccoli Florets WW Roll Apple Sauce	Lunch Soft Tacos Taco Salad Cup Salsa & Cheese Steamed Corn Apple Wedges	Lunch Pork Stew w/Rice Candied Yams Steamed Cabbage Banana Brownie w/Icing	Lunch Meat Balls w/ Spaghetti Seasoned Green Beans Italian Salad Garlic Bread Pineapples w/Cherries	Lunch Fish Sandwich Lettuce/Tomato/Pickle Crinkle Cut Fries Baked Beans Orange Wedges